

# OCTOBER 2021

## JUNCTION CITY SCHOOL

OFFERED DAILY  
FRESH FRUIT  
VARIETY OF MILK

Monday

Tuesday

Wednesday

Thursday

Friday

English Muffin **4**  
Scrambled Eggs  
Fruit  
Milk

Cereal/Yogurt **5**  
String Cheese  
Fruit  
Milk

Granola Bars **6**  
Breakfast Burritos  
Fruit  
Milk

Banana Muffins **7**  
Blueberry Muffins  
Fruit  
Milk

Pancakes **8**  
Sausage  
Fruit  
Milk

Bagels **11**  
Fruit  
Milk

Cereal/Oatmeal **12**  
String Cheese  
Fruit  
Milk

Biscuits & Gravy **13**  
Fruit  
Milk

Banana Muffins **14**  
Blueberry Muffins  
Fruit  
Milk

Waffles **15**  
Sausage  
Fruit  
Milk

English Muffin **18**  
Scrambled Eggs  
Fruit  
Milk

Cereal/Yogurt **19**  
String Cheese  
Fruit  
Milk

Granola Bars **20**  
Breakfast Burritos  
Fruit  
Milk

Banana Muffins **21**  
Blueberry Muffins  
Fruit  
Milk

French Toast **22**  
Sausage  
Fruit  
Milk

Bagels **25**  
Fruit  
Milk

Cereal **26**  
Cream of Wheat  
Fruit  
Milk

Biscuits & Gravy **27**  
Fruit  
Milk

Banana Muffins **28**  
Blueberry Muffins  
Fruit  
Milk

Pancakes **29**  
Sausage  
Fruit  
Milk

**1**



MENUS ARE SUBJECT TO CHANGE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

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## JUNCTION CITY SCHOOL

OFFERED DAILY  
FRESH FRUIT  
VEGGIES  
VARIETY OF MILK

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Beef Picadillo Brown Rice Carrots</p>	<p>5</p> <p>Chicken Burritos Black Bean Salad</p>	<p>6</p> <p>Spaghetti Breadsticks Salad Mix</p>	<p>7</p> <p>Cheese Pizza Pepperoni Pizza</p>	<p>8</p> <p>Ham &amp; Cheese Sandwich Potato Salad</p>
<p>11</p> <p>Turkey Sandwich Salad Mix</p>	<p>12</p> <p>Beef Tacos Fiesta Corn Salsa</p>	<p>13</p> <p>Chicken Patty Sandwich Tater Tots</p>	<p>14</p> <p>Teriyaki Meatballs Brown Rice Green Beans</p>	<p>15</p> <p>Pulled Pork Sandwich Baked Beans Coleslaw</p>
<p>18</p> <p>Tuna Sandwich Macaroni Salad</p>	<p>19</p> <p>Chicken Fajitas Spanish Rice</p>	<p>20</p> <p>Sub Sandwich Salad Mix</p>	<p>21</p> <p>Hamburgers Sweet Potato Fries</p>	<p>22</p> <p>Chili Corn Muffin Carrots</p>
<p>25</p> <p>Turkey Wrap Salad Mix</p>	<p>26</p> <p>Bean &amp; Cheese Burritos Salsa</p>	<p>27</p> <p>Chicken Adobo Brown Rice Broccoli</p>	<p>28</p> <p>Lasagna Garlic Bread Salad Mix</p>	<p>29</p> <p>Sloppy Joe French Fries</p>



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## JUNCTION CITY SCHOOL

AFTER SCHOOL MENU

OFFERED DAILY: FRESH FRUIT  
VEGGIES  
1% MILK  
FAT FREE CHOCOLATE MILK

Monday

Tuesday

Wednesday

Thursday

Friday

4  
PB & Jelly Sandwich  
String Cheese

5  
Hot Dogs  
Carrots

6  
Grilled Cheese  
Sandwich

7  
Chicken Nuggets  
String Cheese

8  
Yogurt  
String Cheese  
Crunchy Pretzels

11  
English Muffin Pizza  
String Cheese

12  
Soft Pretzels  
Peanut Butter  
String Cheese

13  
Yogurt  
String Cheese  
Cheez-It Crackers

14  
PB & Jelly Sandwich  
String Cheese

15  
Cereal  
String Cheese

18  
Corn Dogs  
String Cheese

19  
PB & Jelly Sandwich  
String Cheese

20  
Chicken Nuggets  
String Cheese

21  
Chicken Quesadilla  
Cheese Quesadilla  
Salsa

22  
Yogurt  
String Cheese  
Crunchy Pretzels

25  
Chicken Nuggets  
String Cheese

26  
English Muffin Pizza  
String Cheese

27  
PB & Jelly Sandwich  
String Cheese

28  
Yogurt  
String Cheese  
Cheez-It Crackers

29  
Cereal  
String Cheese



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