

SEPTEMBER 2022

JUNCTION CITY SCHOOL

OFFERED DAILY
FRESH FRUIT
VARIETY OF MILK

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| <p>5</p> <p>No School Labor Day</p> | <p>6</p> <p>Cereal String Cheese Fruit Milk</p> | <p>7</p> <p>Yogurt Granola Bars Fruit Milk</p> | <p>1</p> <p>Banana Muffins Blueberry Muffins Fruit Milk</p> | <p>2</p> <p>Pancakes Sausage Fruit Milk</p> |
| <p>12</p> <p>English Muffin Scrambled Eggs Fruit Milk</p> | <p>13</p> <p>Cereal Oatmeal Fruit Milk</p> | <p>14</p> <p>Breakfast Burritos Breakfast Bar Fruit Milk</p> | <p>8</p> <p>Banana Muffins Blueberry Muffins Fruit Milk</p> | <p>9</p> <p>Waffles Sausage Fruit Milk</p> |
| <p>19</p> <p>Bagels Fruit Milk</p> | <p>20</p> <p>Cereal Cream of Wheat Fruit Milk</p> | <p>21</p> <p>Biscuits & Gravy Fruit Milk</p> | <p>15</p> <p>Banana Muffins Blueberry Muffins Fruit Milk</p> | <p>16</p> <p>French toast Sausage Fruit Milk</p> |
| <p>26</p> <p>Scrambled Eggs Whole Wheat Toast Fruit Milk</p> | <p>27</p> <p>Cereal String Cheese Fruit Milk</p> | <p>28</p> <p>Yogurt Granola Bars Fruit Milk</p> | <p>22</p> <p>Banana Muffins Blueberry Muffins Fruit Milk</p> | <p>23</p> <p>Pancakes Sausage Fruit Milk</p> |
| <p>26</p> <p>Scrambled Eggs Whole Wheat Toast Fruit Milk</p> | <p>27</p> <p>Cereal String Cheese Fruit Milk</p> | <p>28</p> <p>Yogurt Granola Bars Fruit Milk</p> | <p>29</p> <p>Banana Muffins Blueberry Muffins Fruit Milk</p> | <p>30</p> <p>Waffles Sausage Fruit Milk</p> |

MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

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JUNCTION CITY SCHOOL

OFFERED DAILY
FRESH FRUIT
VEGGIES
VARIETY OF MILK

Monday
Tuesday
Wednesday
Thursday
Friday
5

No School
Labor Day

6

Chicken Burrito
Bean & Corn Salad
Salad

7

Spaghetti
Bread Sticks
Carrots

8

Cheese Pizza
Pepperoni Pizza
Salad Mix

9

Chicken Quesadilla
Cheese Quesadilla
Salsa

12

Hamburgers
Sweet Potato Fries
Salad

13

Tacos
Refried Beans
Fiesta Corn

14

Grilled Cheese Sandwich
Tomato Soup

15

Chicken Pasta Alfredo
Bread Sticks
Salad

16

Pulled Pork Sandwich
Coleslaw

19

Sub Sandwich
Salad

20

Beef & Bean Burrito
Spanish rice

21

Tuna Sandwich
Chicken Noodle Soup

22

Teriyaki Meatballs
Mashed Potatoes
Dinner roll

23

Chicken Patty Sandwich
Salad

26

Fish Nuggets
Potato Wedges
Salad

27

Chili
Corn Muffin
Carrots

28

Turkey Sandwich
Potato Salad

29

Hamburgers
Tater Tots

30

Cheese Pizza
Pepperoni Pizza
Carrots

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JUNCTION CITY SCHOOL

AFTER SCHOOL MENU

OFFERED DAILY: FRESH FRUIT
VEGGIES
1% MILK
FAT FREE CHOCOLATE MILK

Monday

Tuesday

Wednesday

Thursday

Friday

5
No School
Labor Day

6
PB & Jelly Sandwich
String Cheese

7
Yogurt
String Cheese
Chex Mix

1
Grilled Cheese Sandwich
Carrots

2
Cereal
String Cheese

12
Yogurt
String Cheese
Wheat Thin Crackers

13
PB & Jelly Sandwich
String Cheese

14
Chicken Nuggets
Salad

15
Blueberry Smoothie
Graham Crackers

16
Cereal
String Cheese

19
Chicken Nuggets
Salad

20
PB & Jelly Sandwich
String Cheese

21
Corn Dogs
Salad

22
Yogurt
String Cheese
Chex Mix

23
Cereal
String Cheese

26
Bean & Cheese Burritos
Salad

27
PB & Jelly Sandwich
String Cheese

28
Strawberry Smoothie
Crunchy Pretzels

29
Yogurt
String Cheese
Wheat Thin Crackers

30
Cereal
String Cheese

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