

Monday	Tuesday	Wednesday	Thursday	Friday
English Muffin <b>3</b> Scrambled Eggs Fruit Milk	Cereal <b>4</b> Oatmeal Fruit Milk	Nutri Grain Bar <b>5</b> Breakfast Burritos Fruit Milk	Banana Muffins <b>6</b> Blueberry Muffins Fruit Milk	French toast <b>7</b> Sausage Fruit Milk
Bagels <b>10</b> Fruit Milk	Cereal <b>11</b> Cream of Wheat Fruit Milk	Biscuits & Gravy <b>12</b> Fruit Milk	Banana Muffins <b>13</b> Blueberry Muffins Fruit Milk	Pancakes <b>14</b> Sausage Fruit Milk
Scrambled Eggs <b>17</b> Whole Wheat Toast Fruit Milk	Cereal <b>18</b> String Cheese Fruit Milk	Yogurt <b>19</b> Granola Bars Fruit Milk	Banana Muffins <b>20</b> Blueberry Muffins Fruit Milk	Waffles <b>21</b> Sausage Fruit Milk
Bagels <b>24</b> Fruit Milk	Cereal <b>25</b> Oatmeal Fruit Milk	Nutri Grain Bar <b>26</b> Breakfast Burritos Fruit Milk	Banana Muffins <b>27</b> Blueberry Muffins Fruit Milk	French toast <b>28</b> Sausage Fruit Milk
English Muffin <b>31</b> Scrambled Eggs Fruit Milk				



MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

# OCTOBER 2022

## JUNCTION CITY SCHOOL

OFFERED DAILY  
FRESH FRUIT  
VEGGIES  
VARIETY OF MILK

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Chicken Nuggets Brown Rice Green Beans</p>	<p><b>4</b></p> <p>Tacos Refried Beans Salsa</p>	<p><b>5</b></p> <p>Ham &amp; Cheese Sandwich Pasta Salad</p>	<p><b>6</b></p> <p>Pulled Pork Sandwich Coleslaw</p>	<p><b>7</b></p> <p>Hamburgers French Fries</p>
<p><b>10</b></p> <p>Sub Sandwich Salad</p>	<p><b>11</b></p> <p>Bean &amp; Cheese Burritos Spanish rice</p>	<p><b>12</b></p> <p>Chicken &amp; Dumplings Salad</p>	<p><b>13</b></p> <p>Spaghetti Dinner Roll</p>	<p><b>14</b></p> <p>Chicken Patty Sandwich Salad</p>
<p><b>17</b></p> <p>Hamburgers Salad</p>	<p><b>18</b></p> <p>Chicken Burrito Salad</p>	<p><b>19</b></p> <p>Corn Dogs Baked Beans</p>	<p><b>20</b></p> <p>Chicken Adobo Brown Rice Broccoli</p>	<p><b>21</b></p> <p>Cheese Pizza Pepperoni Pizza Carrots</p>
<p><b>24</b></p> <p>Tuna Sandwich Chicken Noodle Soup Salad</p>	<p><b>25</b></p> <p>Chili Corn Muffin Carrots</p>	<p><b>26</b></p> <p>Teriyaki Chicken Brown Rice Mixed Veggies</p>	<p><b>27</b></p> <p>Tater Tot Casserole Bread Sticks Salad</p>	<p><b>28</b></p> <p>Chicken Patty Sandwich Potato Wedges</p>
<p><b>31</b></p> <p>Sloppy Joe Tater Tots</p>				



# OCTOBER 2022

## JUNCTION CITY SCHOOL

AFTER SCHOOL MENU

OFFERED DAILY: FRESH FRUIT  
VEGGIES  
1% MILK  
FAT FREE CHOCOLATE MILK

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Yogurt String Cheese Chex Mix</p>	<p>4</p> <p>PB &amp; Jelly Sandwich String Cheese</p>	<p>5</p> <p>English Muffin Pizza Salad</p>	<p>6</p> <p>Soft Pretzels String Cheese Peanut Butter</p>	<p>7</p> <p>Cereal String Cheese</p>
<p>10</p> <p>Chicken Nuggets Salad</p>	<p>11</p> <p>PB &amp; Jelly Sandwich String Cheese</p>	<p>12</p> <p>Yogurt String Cheese Wheat Thin Crackers</p>	<p>13</p> <p>Chicken Quesadilla Cheese Quesadilla</p>	<p>14</p> <p>Cereal String Cheese</p>
<p>17</p> <p>Yogurt String Cheese Crunchy Pretzels</p>	<p>18</p> <p>PB &amp; Jelly Sandwich String Cheese</p>	<p>19</p> <p>Strawberry Smoothie Chex Mix</p>	<p>20</p> <p>Grilled Cheese Sandwich Carrots</p>	<p>21</p> <p>Cereal String Cheese</p>
<p>24</p> <p>Corn Dogs Salad</p>	<p>25</p> <p>PB &amp; Jelly Sandwich String Cheese</p>	<p>26</p> <p>Peach Smoothie Wheat Thin Crackers</p>	<p>27</p> <p>Soft Pretzels String Cheese Peanut Butter</p>	<p>28</p> <p>Cereal String Cheese</p>
<p>31</p> <p>Chicken Nuggets Salad</p>				



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