

JANUARY 2023

JUNCTION CITY SCHOOL

OFFERED DAILY
FRESH FRUIT
VARIETY OF MILK

Monday	Tuesday	Wednesday	Thursday	Friday
No School 2 WINTER BREAK	Cereal 3 Cream of Wheat Fruit Milk	Biscuits & Gravy 4 Fruit Milk	Banana Muffins 5 Blueberry Muffins Fruit Milk	French Toast 6 Sausage Fruit Milk
English Muffin 9 Scrambled Eggs Fruit Milk	Cereal 10 String Cheese Fruit Milk	Yogurt 11 Granola Bars Fruit Milk	Banana Muffins 12 Blueberry Muffins Fruit Milk	Pancakes 13 Sausage Fruit Milk
No School 16 MLK Jr. DAY	Cereal 17 Oatmeal Fruit Milk	Nutri Grain Bar 18 Breakfast Burritos Fruit Milk	Banana Muffins 19 Blueberry Muffins Fruit Milk	Waffles 20 Sausage Fruit Milk
Bagels 23 Fruit Milk	Cereal 24 Cream of Wheat Fruit Milk	Biscuits & Gravy 25 Fruit Milk	Banana Muffins 26 Blueberry Muffins Fruit Milk	French Toast 27 Sausage Fruit Milk
Scrambled Eggs 30 Whole Wheat Toast Fruit Milk	Cereal 31 String Cheese Fruit Milk			

MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

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FRESH FRUIT
VEGGIES
VARIETY OF MILK

Monday	Tuesday	Wednesday	Thursday	Friday
No School 2 WINTER BREAK	3 Beef & Bean Burritos Spanish Rice	4 Pulled Pork Sandwich Potato Wedges Coleslaw	5 Teriyaki Chicken Brown Rice Broccoli	6 Cheese Pizza Pepperoni Pizza Carrots
9 Grilled Cheese Sandwich Tomato Soup Salad	10 Chicken Burrito Fiesta Corn Black Beans	11 Lasagna Garlic Bread	12 Chili Corn Muffin Carrots	13 Chicken Patty Sandwich Tater Tots
No School 16 MLK Jr. DAY	17 Tacos Refried Beans Salsa	18 Chicken Pesto Pasta Salad Broccoli	19 Meatballs Brown Rice Mix Veggies	20 Sub Sandwich Carrots
23 Hamburgers French Fries Salad	24 Bean & Cheese Burritos Corn	25 Beef Picadillo Brown Rice Carrots	26 Chicken & Dumplings Salad	27 Cheese Pizza Pepperoni Pizza
30 Tuna Sandwich Chicken Noodle Soup Salad	31 Chicken Quesadillas Bean Dip			

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AFTER SCHOOL MENU

OFFERED DAILY: FRESH FRUIT
VEGGIES
1% MILK
FAT FREE CHOCOLATE MILK

Monday	Tuesday	Wednesday	Thursday	Friday
No School WINTER BREAK 2	PB & Jelly Sandwich String Cheese 3	Chicken Nuggets Salad 4	Yogurt String Cheese Chex Mix 5	Cereal String Cheese 6
Chicken Strips Salad 9	PB & Jelly Sandwich String Cheese 10	Yogurt String Cheese Crunchy Pretzels 11	Corn Dogs Carrots 12	Cereal String Cheese 13
No School MLK Jr. DAY 16	PB & Jelly Sandwich String Cheese 17	Yogurt String Cheese Wheat Thin Crackers 18	Soft Pretzels String Cheese Peanut Butter 19	Cereal String Cheese 20
Fish Nuggets Carrot Sticks 23	PB & Jelly Sandwich String Cheese 24	Chicken Nuggets Salad 25	Yogurt String Cheese Chex Mix 26	Cereal String Cheese 27
Soft Pretzels String Cheese Peanut Butter 30	PB & Jelly Sandwich String Cheese 31			

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